

CONRAD WEISER MIDDLE SCHOOL

FRIDAY
OCTOBER 8, 2021
DAY 2



you're

AMAZING

just the way

YOU ARE



Breakfast & Lunch

ALL School Breakfast and Lunch is FREE for the 2021-2022 school year.

Breakfast & Lunch must have at least **1 serving of fruit or vegetable** to make a meal. A **total of 3 items** must be taken to make a **complete meal**. Due to experiencing both supply chain and staffing challenges in our food distributor warehouses and delivery operations our menus may require substitutions. Thank you for your understanding and patience.

Breakfast:

Choose 1 entrée:

A: Mini Waffles

B: Assorted Cereal & Muffin

Fruit Variety

Assorted Fruit Juice

Assorted Milk

Lunch:

Choose 1 Entrée:

A: **Early Dismissal/no lunch**

Alternative Meal Options Offered Daily:

Salad Meal with Roll

Deli Sandwich

PB & Jelly Uncrustable

Sides Offer Daily:

Fruit Variety

Assorted Fruit Juice

Assorted Milk

NEWS

Hello CWMS! Who here is creative? Likes to showcase their talents through art? Do you want to incorporate your work into a little fall display? Well, maybe the Fall Corn / Pumpkin decorating contest is for you! Look for a Schoology Post that gives all of the details. This is an at home contest where you will take photos of your entry and submit! Entries are due 10/24. Then, the entire school will vote with winners announced before Halloween. We can't wait to see your submissions! Please see the attached flyer for more info.

~ Sponsored by the CWMS FFA ~

CLUBS

It's Socktober! The Builders Club is collecting pairs of new socks for the homeless. Drop your donation into one of the collection boxes located at the main lobby, at the science rooms or at G 3. Thanks for your support!

MUSIC

BAND

DAY 2	10/8/2021		
	<i>PERRONE</i>		<i>LUTZ</i>
8:00	TRUMPET E & F	9:08	FLUTE A & C
8:34	HORN B	9:42	OBOE A
9:08	SAXOPHONE D & E	10:15	FLUTE B & D

SPORTS

DATE	TIME	SPORT	SCHOOL	DIMISS	DEPART	HOME/ AWAY
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10/4	3:45	BOYS JR HIGH SOCCER	TWIN VALLEY	2:20	2:35	AWAY
10/4	3:45	GIRLS JR HIGH SOCCER	TWIN VALLEY			HOME
10/4	4:00	GIRLS JR HIGH VOLLEYBALL	WILSON WEST MIDDLE SCHOOL			HOME
10/5	4:00	GIRLS JR HIGH FIELD HOCKEY	WILSON HIGH SCHOOL			HOME
10/5	4:00	BOYS PONY FOOTBALL	GOVERNOR MIFFLIN HS	2:15	2:30	AWAY
10/5	4:00	COED JR HIGH CROSS COUNTRY	HAMBURG	1:45	2:00	AWAY
10/6	3:45	GIRLS JR HIGH SOCCER	WILSON SOUTHERN MS	1:45	2:00	AWAY
10/6	3:45	BOYS JR HIGH SOCCER	WILSON SOUTHERN MS			HOME
10/6	4:00	GIRLS JR HIGH VOLLEYBALL	SCHUYLKILL VALLEY HS	1:45	2:00	AWAY
10/7	3:45	BOYS JR HIGH SOCCER	WILSON WEST MS ONE GAME			HOME
10/7	3:45	GIRLS JR HIGH SOCCER	WILSON WEST MS	1:45	2:00	AWAY
10/7	3:30	GIRLS JR HIGH FIELD HOCKEY	EXETER TOWNSHIP	1:45	2:00	AWAY
10/8	3:45	GIRLS JR HIGH SOCCER	POSTPONED-WILSON WEST MS			AWAY
10/8	3:45	BOYS JR HIGH SOCCER	POSTPONED-WILSON WEST MS			HOME

