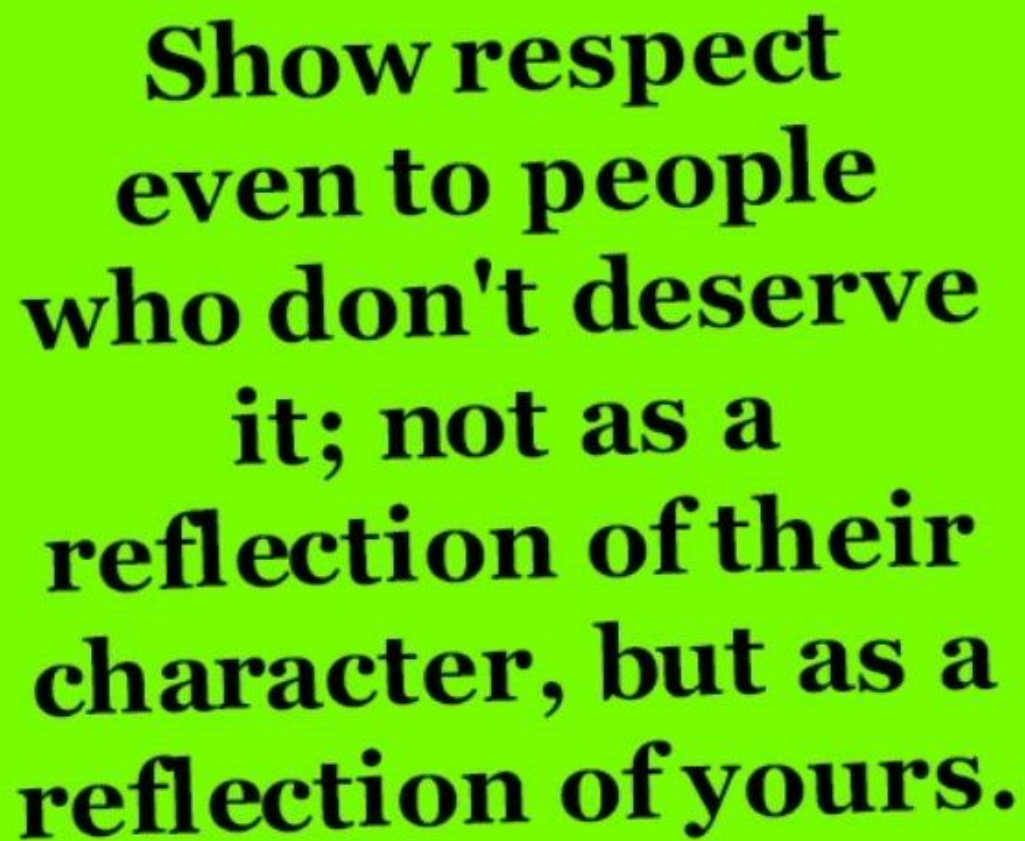


CONRAD WEISER MIDDLE SCHOOL

MONDAY
MARCH 1, 2021



**Show respect
even to people
who don't deserve
it; not as a
reflection of their
character, but as a
reflection of yours.**

Breakfast & Lunch

School Meals are served **FREE** to all students! The same meals will be offered to both groups of learners. *Wednesday the Food Service Department will offer Curb Side Grab and Go Meals to all students 5-12 and SVA at the Middle School.*

Meal Pick Up: Wednesday 10am-12:00pm or 3:30 pm-5pm.

Breakfast:

Choose 1 Entrée:

A: Egg & Cheese Sandwich

B: Assorted Cereal & Muffin

Fruit Variety

Assorted Fruit Juice

Assorted Milk

Lunch:

Choose 1 Entrée:

A: Asian Chicken Bowl with Rice

B: Sloppy Joe

SIDES-

Steamed Broccoli

Oriental Mixed Vegetables

Alternatives Served Daily:

Salad Meal with Roll

Peanut Butter and Jelly Sandwich

Deli Sandwich

Hoagie

Sides Served Daily:

Fruit Variety

Assorted Fruit Juice

Assorted Milk

NEWS

CONRAD WEISER MIDDLE SCHOOL
EVERYONE IS DOING A GREAT JOB WEARING
THEIR MASKS, SOCIAL DISTANCING AND
COVERING COUGHS AND SNEEZES.
PLEASE REMEMBER TO KEEP BOTH YOUR NOSE
AND MOUTH COVERED WITH YOUR MASK AT
ALL TIMES.



LIBRARY NEWS—we will be having an in-person book fair in the library this spring! February 22nd- March 5th. Please see the library's Schoology page for information on how to set up an e-wallet and an interactive flyer.

CLUBS & ACTIVITIES

MUSIC

MRS. PERRONE		MR. LUTZ	
3/1	DAY 2	3/1	
8:00	TRUMPET F		NO
8:33	HORN D		LESSONS
9:06	SAXOPHONE F		
9:39	SAXOPHONE G		
10:12	TRUMPET E		

5th and 6th GRADE BAND
7TH AND 8TH GRADE CHORUS

SPORTS

MS SOFTBALL—Attention 7th and 8th grade girls interested in playing Softball this season... Please send a message to Mrs. Potthoff on Schoology for more information. All are welcome..no experience necessary!

MS BASEBALL - Spring is coming!!! If you are a 7th or 8th grader who is interested in playing MS baseball this spring, get ready!

MS Baseball begins on 3/15 and we are excited to get back onto the baseball diamond.

To prepare for the MS Spring season, you are to get your paperwork (registration + physical) submitted online prior to the

start of the season. Please use the following link to access the forms online. If you cannot open this link, go to the CW home page and click onto "Athletics." There is NO cost to play MS baseball. We have a great program and hope to continue our success. **Please contact Coach Bright at k_bright@conradweiser.org if you have any questions about the coming baseball season.** All future announcements regarding the MS baseball season will be posted on the MS announcements.

Boys and Girls Lacrosse Spring Season 2021 CW Lacrosse registration (Grades 5th - 8th)

Please register by March 1st

Boys: Helmet (to keep) included w/ registration fee

Girls: Goggles and stick (to keep) included w/ registration fee

Season: March thru May

Practice: Fields behind High School

Who we play: Berks and Lancaster teams

Additional information and on-line registration:

www.conradweiserlacrosse.com **QUESTIONS:** Lauren Gydosch,

717-823-2106, cwlax.lgydosch@gmail.com

Brian Harting, 610-698-3846,

hartingbrian75@gmail.com

Track and Field

Attention all 7th and 8th grade boys and Girls: If you are interested in getting in shape and joining a winning team The Track and Field Team is where you want to be.

Choose from **throwing, jumping, and running** to take down the other Berks County schools. To play make an account with your parents, on Planths.com and show up ready to **practice after school on Monday March 15th 3:00-4:30.**

See Mr. Esser or Mr. Yuengel with any questions.

Spring sports information: Attention athletes: Physical paperwork is online this year! •

If you did not play a fall or winter sport, you and a parent must create accounts at www.planeths.com to complete all of your physical paperwork. You will need to print Sections 5 and 6 to take to your physician, then upload section 6 to www.planeths.com

If you played a fall or winter sport, you will need to log on to your planeths.com account and complete Section 7, the Recertification (SPRING). If an injury has occurred since the initial physical was done, you will need to also complete Section 8, have it signed by a physician, and upload it to www.planeths.com

If you did not already play a fall or winter sport but already created an account on Planeths.com you can check with Mrs. Bright (w_bright@conradweiser.org) or Ellen Cerasoli (e_cerasoli@conradweiser.org) to check and see if you are already on the roster.

High school spring sports are scheduled to start on Monday March 8th. Middle school spring sports are scheduled to start on Monday March 15th. Physical paperwork must be completed before these dates in order to be able to participate. If you have any questions, contact Mrs. Bright or Ellen Cerasoli at 610-693-8566 or at the above emails.

