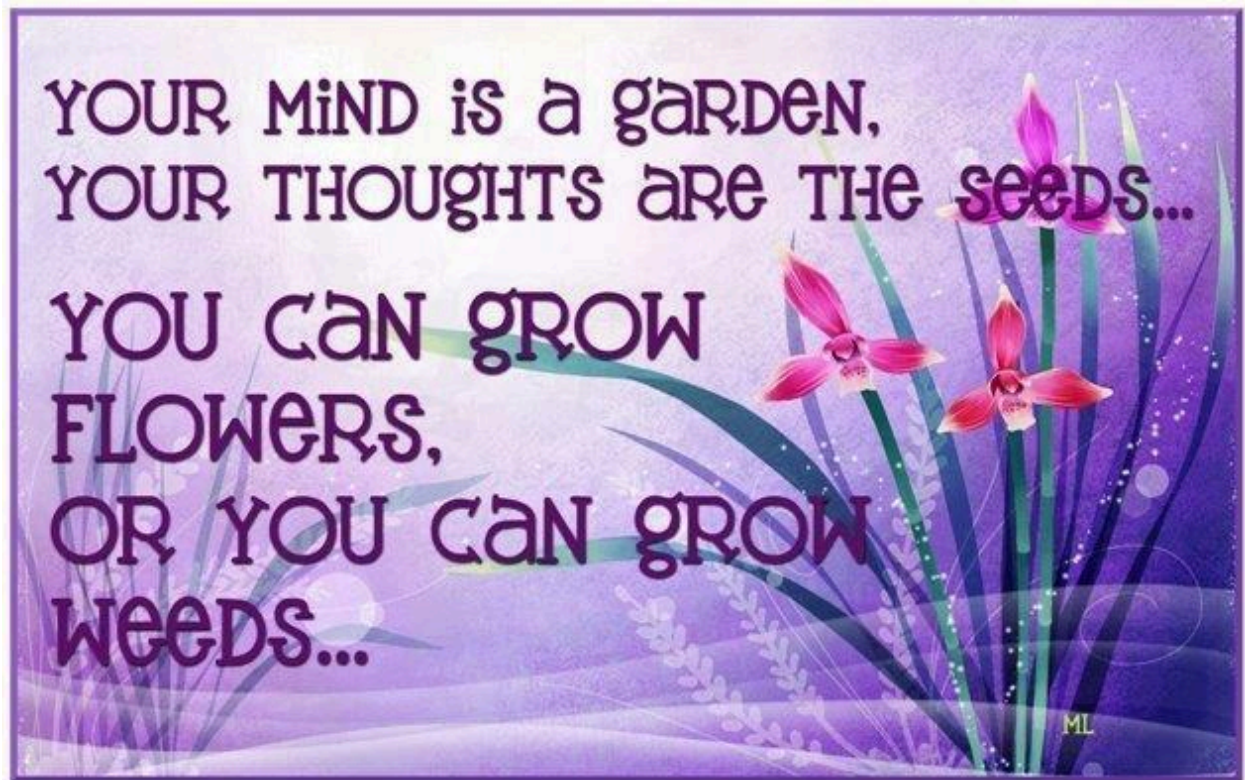


CONRAD WEISER MIDDLE SCHOOL

MONDAY  
MARCH 15, 2021



## Breakfast & Lunch

School Meals are served **FREE** to all students! The same meals will be offered to both groups of learners. *Wednesday the Food Service Department will offer Curb Side Grab and Go Meals to all students 5-12 and SVA at the Middle School.*

*Meal Pick Up: Wednesday 10am-12:00pm or 3:30 pm-5pm.*

### Breakfast:

#### Choose 1 Entrée

A: Pancake Breakfast Bites

B: Assorted Cereal & Muffin

Fruit Variety

Assorted Fruit Juice

Assorted Milk

### Lunch:

#### Choose 1 Entrée

A: Stuffed Crust Pizza

B: Sloppy Joe

#### Sides:

Mixed Veggies

Spinach Salad

## NEWS

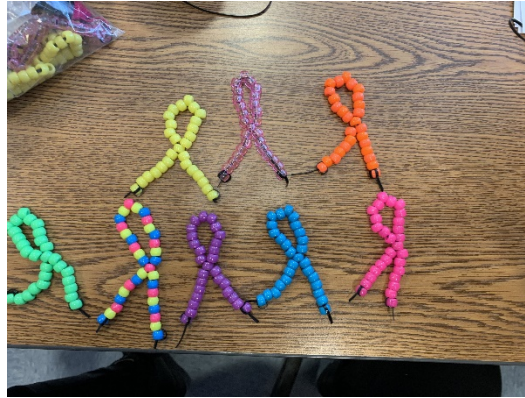
In recognition of **World Down Syndrome Day** Conrad Weiser Middle School will be having a battle of #LotsofSocks.

Teachers will have one their favorite crazy socks on display in the cafeteria on Monday, March 15<sup>th</sup> and Tuesday, March 16<sup>th</sup>. You will be able to “vote” for the one that you think is the craziest by putting some change into the corresponding bucket.

All monies raised will be donated to a local non-profit that benefits Down Syndrome.

You can also enter to win some cool prizes by wearing your crazy socks those days. Stop by the library and fill out a ticket, drop it in the bucket and we will pull names on Tuesday after school.

Room C-3 and C-4 are raising money for Autism Awareness! Help us by purchasing handmade beaded ribbons during lunch times for \$1.00 beginning in April. All proceeds will be donated to Autism Speaks. Thank you for your help and support!



## CLUBS & ACTIVITIES

### MUSIC

MRS. PERRONE		MR. LUTZ	
3/15	DAY 6	3/15	
8:00	PERCUSSION I		NO
8:33	LOW BRASS D		LESSONS
9:06	PERCUSSION F		
9:39	PERCUSSION G		
10:12	PERCUSSION H		

5<sup>th</sup> and 6<sup>th</sup> GRADE BAND  
7<sup>TH</sup> AND 8<sup>TH</sup> GRADE CHORUS

## SPORTS

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**MS SOFTBALL**—Attention 7<sup>th</sup> and 8<sup>th</sup> grade girls interested in playing Softball this season... Please send a message to Mrs. Potthoff on Schoology for more information. All are welcome...no experience necessary!

### **MS BASEBALL -**

**MS Baseball Practice starts Monday** - begins at 3:00 and ends at 5:00 p.m. Our practices typically run Monday - Friday. Due to the hybrid schedule, we ask that you can get to practice in a timely and safe manner. We are looking for more baseball players! This is an opportunity to learn and our coaches are ready to help you grow as a baseball player. If you are willing to learn, join us. Coach Morgan, Coach Bright and Coach Ocepek are anxious for the season. There **is NO COST** to play. We would like to 'field 2 teams' and help the baseball program grow.

**Please contact Coach Bright at [k\\_bright@conradweiser.org](mailto:k_bright@conradweiser.org) if you have any questions about the baseball season.**

Please use the information on the [www.planeths.com](http://www.planeths.com) website to create your account and fill out the necessary paperwork for physical or recertification.

## Track and Field

Attention all 7<sup>th</sup> and 8<sup>th</sup> grade boys and Girls: If you are interested in getting in shape and joining a winning team The Track and Field Team is where you want to be.

Choose from **throwing, jumping, and running** to take down the other Berks County schools. To play make an account with your parents, on [Planths.com](http://Planths.com) and show up ready to **practice after school on Monday March 15<sup>th</sup> 3:00-4:30.**

See Mr. Esser or Mr. Yuengel with any questions.

**Spring sports information:** Attention athletes: Physical paperwork is online this year! •

If you did not play a fall or winter sport, you and a parent must create accounts at [www.planeths.com](http://www.planeths.com) to complete all of your physical paperwork. You will need to print Sections 5 and 6 to take to your physician, then upload section 6 to [www.planeths.com](http://www.planeths.com)

If you played a fall or winter sport, you will need to log on to your [planeths.com](http://planeths.com) account and complete Section 7, the Recertification (SPRING). If an injury has occurred since the initial physical was done, you will need to also complete Section 8, have it signed by a physician, and upload it to [www.planeths.com](http://www.planeths.com)

If you did not already play a fall or winter sport but already created an account on [Planeths.com](http://Planeths.com) you can check with Mrs. Bright ([w\\_bright@conradweiser.org](mailto:w_bright@conradweiser.org)) or Ellen Cerasoli ([e\\_cerasoli@conradweiser.org](mailto:e_cerasoli@conradweiser.org)) to check and see if you are already on the roster.

High school spring sports are scheduled to start on Monday March 8<sup>th</sup>. Middle school spring sports are scheduled to start on Monday March 15<sup>th</sup>. Physical paperwork must be completed before these dates in order to be able to participate. If you have

any questions, contact Mrs. Bright or Ellen Cerasoli at 610-693-8566 or at the above emails.