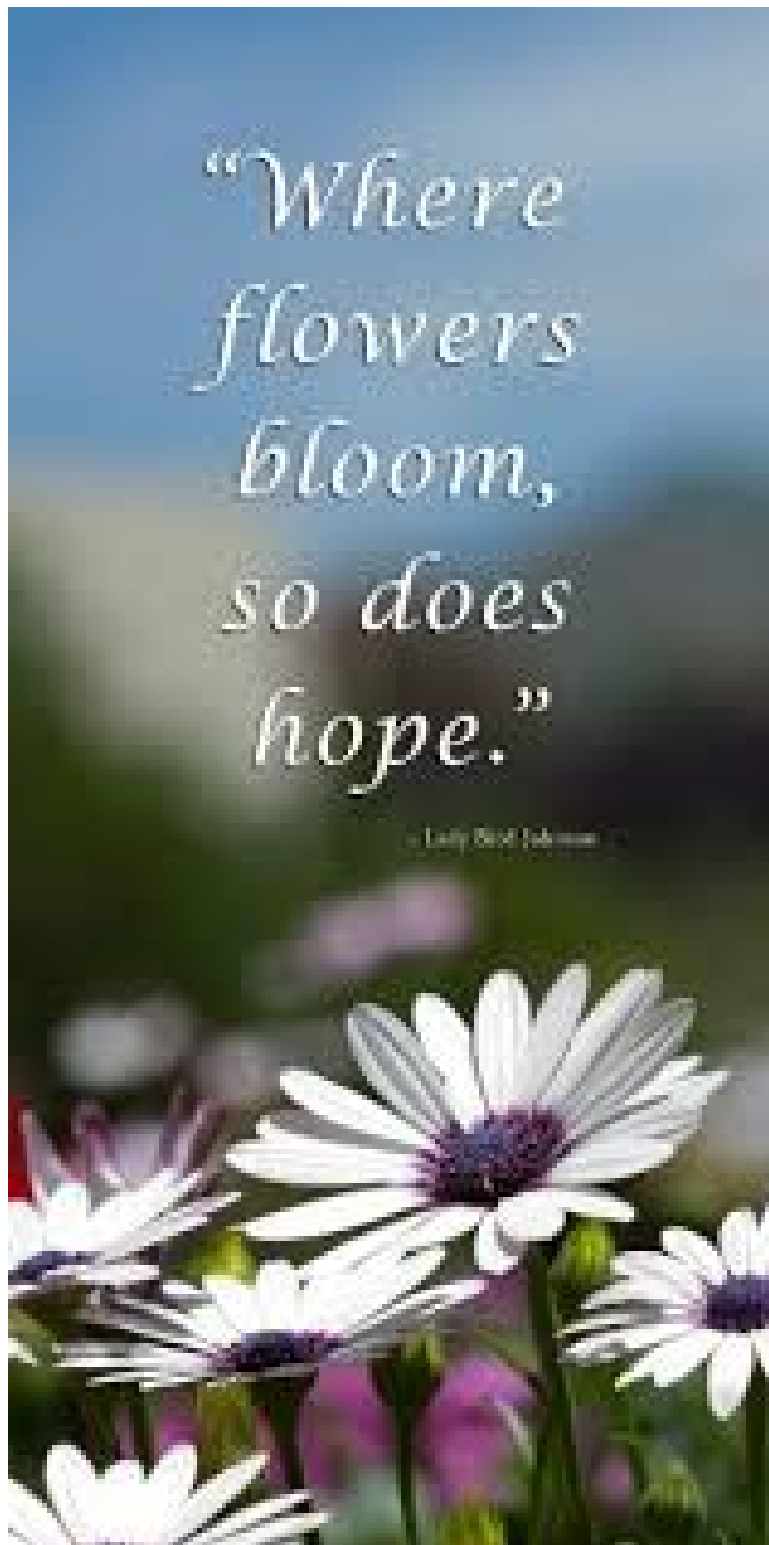


CONRAD WEISER MIDDLE SCHOOL

MONDAY
MARCH 8, 2021



Breakfast & Lunch

School Meals are served **FREE** to all students! The same meals will be offered to both groups of learners. *Wednesday the Food Service Department will offer Curb Side Grab and Go Meals to all students 5-12 and SVA at the Middle School.*

Meal Pick Up: Wednesday 10am-12:00pm or 3:30 pm-5pm.

Breakfast:

Choose 1 Entrée

A: Breakfast Pizza

B: Assorted Cereal & Muffin

Fruit Variety

Assorted Fruit Juice

Assorted Milk

Lunch:

Choose 1 Entrée

A: Spaghetti with Meatballs and Breadstick

B: Grilled Chicken Sandwich

Steamed Broccoli

Veggie Sticks with Dip

Alternatives Served Daily:

Salad Meal with Roll

Peanut Butter and Jelly Sandwich

Deli Sandwich

Hoagie

Sides Served Daily:

Fruit Variety

Assorted Fruit Juice

Assorted Milk

NEWS

In recognition of **World Down Syndrome Day** Conrad Weiser Middle School will be having a battle of #LotsofSocks.

Teachers will have one their favorite crazy socks on display in the cafeteria on Monday, March 15th and Tuesday, March 16th. You will be able to “vote” for the one that you think is the craziest by putting some change into the corresponding bucket.

All monies raised will be donated to a local non-profit that benefits Down Syndrome.

You can also enter to win some cool prizes by wearing your crazy socks those days. Stop by the library and fill out a ticket, drop it in the bucket and we will pull names on Tuesday after school.

Room C-3 and C-4 are raising money for Autism Awareness! Help us by purchasing handmade beaded ribbons during lunch times for \$1.00 beginning in April. All proceeds will be donated to Autism Speaks. Thank you for your help and support!

CLUBS & ACTIVITIES

ATTENTION TO ANYONE INTERESTED IN COLOR GUARD FOR THE 2021 SEASON!

Things are happening!!!

Check out this Google Slide presentation for more information!

https://docs.google.com/presentation/d/1W2bwFZkxtE_LPeB5G5bE3-EYXF3rOtAmaiWWLGPDn7o/edit?usp=sharing

Learn to interpret music through the use of flags, sabres, rifle, and dance.

Open to 5th Grade -12th Grade

Rehearsals begin Wednesday, March 10 @ HS (Field between HS and Busses)

Rehearsals are:

Wednesdays 6pm-8pm

Saturdays 10am-12pm

(Not All Saturdays)

Sign up here using this Google Form!

https://docs.google.com/forms/d/e/1FAIpQLScFWkp97zGS3HObKhsStnK56mdaZQf6VvsAEfJR_IzRV08h6A/viewform

MUSIC

MRS. PERRONE

MR. LUTZ

3/8	DAY 1	3/8	
8:00	PERCUSSION D		NO
8:33	PERCUSSION E		LESSONS
9:06	CLARINET G		
9:39	FLUTE B		
10:12	PERCUSSION C		

5th & 6th GRADE BAND

7TH & 8TH GRADE CHORUS

SPORTS

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MS SOFTBALL—Attention 7th and 8th grade girls interested in playing Softball this season.... Please send a message to Mrs. Potthoff on Schoology for more information. All are welcome...no experience necessary!

MS Baseball Throw-arounds - The MS Baseball coaches will be holding 2 informal throw-around practices on Tuesday 3/9 and Wednesday 3/10. The practices will be held in the gymnasium or outside if weather permits. The time will be 2:50 - 4:50 p.m. on both days. We realize that this may be difficult for some students due to the hybrid schedule. It is an optional practice. However, we would like to start strengthening arms and do some hitting. Students are to bring: sneakers, sweatpants, sweatshirt, baseball hat, glove and other baseball equipment. There is team equipment that will be kept sanitized for use as well. MS Spring sports begin on 3/15 - please get your paperwork submitted asap. If you have questions, please contact Coach Bright @ k_bright@conradweiser.org

MS BASEBALL - Spring is coming!!! If you are a 7th or 8th grader who is interested in playing MS baseball this spring, get ready!

MS Baseball begins on 3/15 and we are excited to get back onto the baseball diamond.

To prepare for the MS Spring season, you are to get your paperwork (registration + physical) submitted online prior to the start of the season. Please use the following link to access the forms online. If you cannot open this link, go to the CW home page and click onto "Athletics." There is NO cost to play MS baseball. We have a great program and hope to continue our success. **Please contact Coach Bright at k_bright@conradweiser.org if you have any questions about the coming baseball season.** All future announcements regarding the MS baseball season will be posted on the MS announcements.

Track and Field

Attention all 7th and 8th grade boys and Girls: If you are interested in getting in shape and joining a winning team The Track and Field Team is where you want to be.

Choose from **throwing, jumping, and running** to take down the other Berks County schools. To play make an account with your parents, on Planths.com and show up ready to **practice after school on Monday March 15th 3:00-4:30.**

See Mr. Esser or Mr. Yuengel with any questions.

Spring sports information: Attention athletes: Physical paperwork is online this year! •

If you did not play a fall or winter sport, you and a parent must create accounts at www.planeths.com to complete all of your physical paperwork. You will need to print Sections 5 and 6 to take to your physician, then upload section 6 to www.planeths.com

If you played a fall or winter sport, you will need to log on to your [planeths.com](http://www.planeths.com) account and complete Section 7, the

Recertification (SPRING). If an injury has occurred since the initial physical was done, you will need to also complete Section 8, have it signed by a physician, and upload it to www.planeths.com

If you did not already play a fall or winter sport but already created an account on Planeths.com you can check with Mrs. Bright (w_bright@conradweiser.org) or Ellen Cerasoli (e_cerasoli@conradweiser.org) to check and see if you are already on the roster.

High school spring sports are scheduled to start on Monday March 8th. Middle school spring sports are scheduled to start on Monday March 15th. Physical paperwork must be completed before these dates in order to be able to participate. If you have any questions, contact Mrs. Bright or Ellen Cerasoli at 610-693-8566 or at the above emails.

