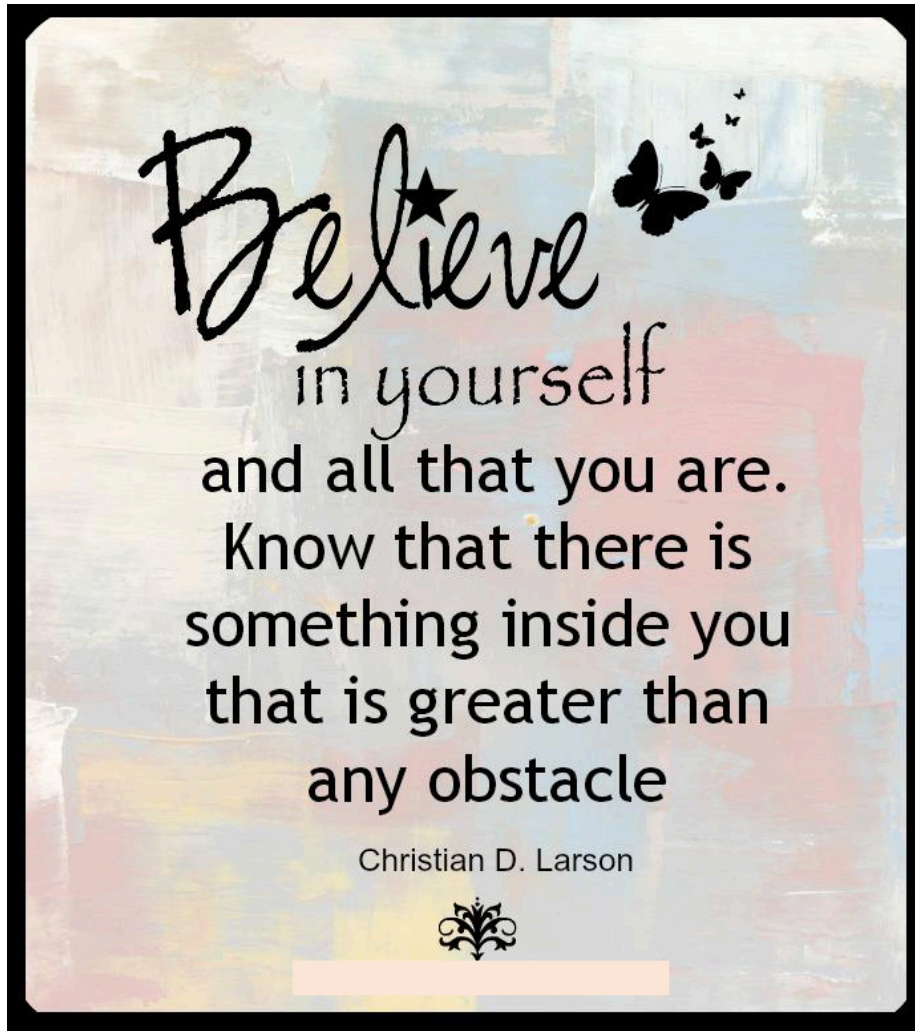


# CONRAD WEISER MIDDLE SCHOOL

THURSDAY  
SEPTEMBER 2, 2021  
DAY 2



## **Breakfast & Lunch**

**ALL School Breakfast and Lunch is FREE for the 2021-2022 school year.**

**Breakfast & Lunch** must have at least **1 serving of fruit or vegetable** to make a meal. A **total of 3 items** must be taken to make a **complete meal**. Due to experiencing both supply chain and staffing challenges in our food distributor warehouses and delivery operations our menus may require substitutions. Thank you for your understanding and patience.

### **Breakfast:**

#### **Choose 1 entrée:**

A: Breakfast Wrap

B: Assorted Cereal & Muffin

Fruit Variety

Assorted Fruit Juice

Assorted Milk

### **Lunch:**

#### **Choose 1 Entrée:**

A: Spaghetti with Meatball & Bread Stick

B: Chicken Patty Sandwich

Sides:

Steamed Broccoli

Veggie Sticks with Dip

### **Alternative Meal Options Offered Daily:**

Salad Meal with Roll

Deli Sandwich

PB & Jelly Uncrustable

### **Sides Offer Daily:**

Fruit Variety

Assorted Fruit Juice

Assorted Milk

## NEWS

Attention all 7<sup>th</sup> and 8<sup>th</sup> graders:

The Conrad Weiser Junior High Cheerleaders will be hosting a **BACK TO SCHOOL DANCE** on September 2<sup>nd</sup> from 6:30-8:00pm in the Middle School Cafeteria.

Cost is **\$5.00** per student.

Dj, food, drinks, and giveaways.

Come out and join the fun!

**LIBRARY NEWS**—September is Self-Care Awareness Month. To celebrate, the library will be offering "Shelf-Care" boxes! Visit the library's Schoology page and Fill out a brief survey to reserve a FREE book box, which will include a new book and a variety of self-care items. These items are yours to keep! Quantities are limited so be sure to sign up as soon as possible.

**SCHOOL WILL BE CLOSED FOR THE LABOR DAY HOLIDAY ON SEPTEMBER 3<sup>RD</sup> AND 6<sup>TH</sup>.**

## CLUBS

**FFA**—Hello CWMS students! Are you interested in animals, plants, the environment, and doing community service involving all of those at home, in school, and for our community? Would you like to have fun with your friends and classmates while doing so? If so, look for the MS FFA post on Schoology for more information on our club and how to sign-up! Hurry, sign-ups are due by the end of September. Any questions, see Mrs. Meredith.

## MUSIC

Attention all students who signed up for **BAND!**  
Band will be starting soon! All band students will have their first meetings in ER starting next week. Students do **NOT** need their instruments for this first meeting.  
**7/8 Band** will meet on Wednesday September 8.  
**5<sup>th</sup> Grade Band** will meet on Thursday, September 9.  
**6<sup>th</sup> Grade Band** will meet on Friday, September 10.

## SPORTS

<b>DATE</b>	<b>TIME</b>	<b>SPORT</b>	<b>SCHOOL</b>	<b>DIMSS</b>	<b>DEPART</b>	<b>HOME/ AWAY</b>
9/1	4:00	Boy's Pony Football	Twin Valley			HOME
9/4	9:00	Coed Junior High Cross Country	Northam pton Area High School/ Northam pton Invitatio nal		6:15AM	AWAY

