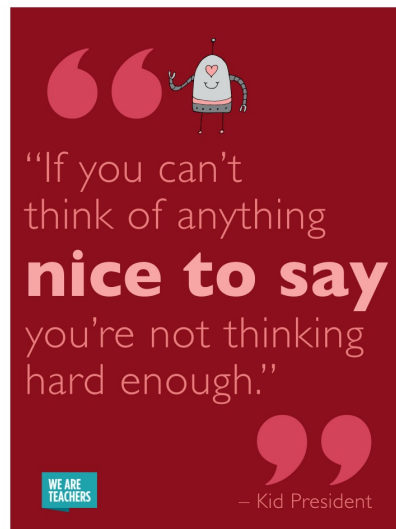


Wednesday January 23, 2019

Day 2



LUNCH

Entree (choose 1): Tacos w/ Mexican Rice, Grilled BBQ Chicken Wrap, Ham & Cheese Hoagie, Salad Bar Meal w/ Breadstick, PB & J Sandwich
Sides: Black Bean & Roasted Corn Salsa, Lettuce, Tomato, Salsa, Peach Slices, Fresh Fruit, Assorted Milk

There will be an informational meeting for Lacrosse on Wednesday January 23rd at @2pm in the LGI.

Join the defending Berks County champions on the CWMS track and field team for the 2019 season!

A meeting during E/R will occur in the auditorium on Wednesday, January 23rd for any 7th and 8th graders interested in slaying the competition!

- Mr. Esser & Mr. Yuengel

Homework Help will meet in the library today from 2:50-3:50. Students attending Homework Help must commit to an hour of quiet working during which they can access computers, do homework or catch up on missed work. A teacher is available to assist. Anyone attending must have enough work for the hour, no one is allowed to leave before 3:50. Please have arrangements to be picked up by 4pm.

BAND

8:33 SAXOPHONE E
9:02 FLUTE F
9:31 FLUTE G
10:00 FLUTE H
10:31 MAKE UP
11:33 TRUMPET E
12:36 TRUMPET F
1:03 LOW BRASS C
1:30 LOW BRASS D

6TH GRADE CHORUS

5TH GRADE BAND

- If an athlete played a fall or winter sport, they will need to complete a Spring Recertification form. They are available in the high school office, middle school office, or on the Athletic page on the CW website. If any injury has occurred since the initial physical was done, a completed Section 8, signed by a physician, must be submitted.
- If an athlete completed a physical form and turned it in earlier this year for a spring sport, they should already be on a sports roster. They can stop in the high school office and check with Mrs. Bright.
- If an athlete did not play a fall or winter sport, did not complete a physical packet yet, and would like to play a spring sport, they should complete a full physical packet and turn it in to the high school or middle school office. Section 6 needs to be complete and signed by a physician.

All physical packets and recerts must be turned in to Mrs. Bright in the high school office by Monday, February 11.

Stage Crew News

If you are a student in 7th or 8th grade and would like to be on the stage crew for the Middle School Musical please sign up on the wall near the custodian's room in C-wing and please attend a meeting on Wednesday, January 30, 2019 in the Auditorium, at 2:00PM for 7th & 8th grade students only. We need students to help with sound, lights, curtains and moving the scenery on the stage. During this meeting we will discuss all the assignments for the Musical. The show will run on March 8 & 9, 2019.

If you are looking to get involved in an activity here after school for a few weeks in February and early March, please attend this meeting to find out what is involved.

If you are unable to attend this meeting but are interested in helping please contact Mr. Matthew in the custodial workroom. Thank you!

SPORTS

| DATE | TIME | SPORT | OPPONENT | H/A | DISMISS | DEPART |
|------|------|--------------------------|--------------------|-----|---------|--------|
| 1/22 | 3:45 | Girls Jr High Basketball | Wilson Southern | H | | |
| 1/22 | 4:30 | Boys Jr High Wrestling | Brandywine Heights | H | | |
| 1/23 | 3:45 | Boys Jr High Basketball | Wyomissing | A | 2:20 | 2:35 |
| 1/23 | 4:30 | Girls Jr High Basketball | Wilson West | A | 2:35 | 2:50 |
| 1/23 | 3:45 | Boys Jr High Wrestling | Tulpehocken | A | 3:15 | 3:30 |
| 1/25 | 3:45 | Boys Jr High Basketball | Exeter | H | | |
| 1/25 | 3:45 | Boys Jr High Basketball | Wilson West | H | | |

