



## CONRAD WEISER AREA SCHOOL DISTRICT SCHOOL HEALTH SERVICES

September 2020

Dear Parent/Guardian,

In the near future, your child will return to school for the 2020-2021 school year. To date, our county and state remain in the midst of a historic COVID-19 pandemic that will require numerous safeguards to be in place to protect the health and safety of our students. In preparation for students to return, we are requesting that parents and guardians play a pivotal role in monitoring their child for illness prior to school each day. These simple guidelines will help to limit the spread of COVID-19 in our schools.

- As of July 1, 2020, the state of Pennsylvania requires all students and staff to wear a face mask while inside of the school building, at the bus stop, and on the bus. Contact your building principal if you have a question about this state mandate.
- Please take your child's temperature prior to school each day. Students should stay at home if their temperature is 100 degrees or above. Temperature monitoring WILL NOT be done at school unless a student appears ill or as directed by the PA Department of Health.
- Students must be fever free for 72 hours WITHOUT fever reducing medication such as Tylenol or Ibuprofen (Advil) before returning to school unless they have a doctor's note to safely return to school. This "72 hour requirement" will be in place until advised otherwise by district administration.
- Keep your child home if they are showing any signs of a COVID-19 infection or appear ill. These symptoms may include, but are not limited to cough, fever, chills, runny nose, shortness of breath, feeling very tired, muscle aches, loss sense of taste or smell, vomiting, or diarrhea. Click on the link for a more a comprehensive list of [Reasons to keep your child home from school](#).
- Keep all of your emergency contact information, including a current phone number, up to date in Skyward so that the nurses can easily reach you if your child is sick at school and needs to go home. We also request that you have a back-up plan in place if you are unable to promptly pick up your child from school.
- Any student tested for COVID-19 due to exposure or having symptoms of COVID-19 should stay at home until their test results are available.
- Contact the school nurse if your child or household member has been diagnosed with COVID-19.
- Contact the school nurse if you have been contacted by your doctor or the Pennsylvania Department of Health and advised to self -quarantine for 14 days due to a potential COVID-19 exposure.

Additional Considerations for School Health Services:

- Students with Asthma who require inhalation medication during the school day: Current clinical guidance recommends *NO nebulizer treatments* be given in the school setting. Please provide an inhaler with a spacer for your child to use as needed during the school day.
- Students requiring medication during the school day: The [Medication Permission Form](#) needs to be signed by both you and your child's doctor. The form is available on the district website under health services or by contacting the school nurse.
- Students with seasonal allergies: Allergy medication is NOT stocked in the health room. If your child is struggling with seasonal allergies, consider administering allergy medication at home as directed by your child's doctor.
- Encourage your child to eat breakfast each day to limit the frequency of headaches and stomach aches during the school day.
- Ensure that your child has a water bottle to use during the school day. Hydration is important for overall health and well-being. All traditional water fountains have been disabled to limit transmission of COVID-19. Water bottle filling stations will be available for students to use in all buildings.
- Ensure that your child has a spare change of clothing in their back pack at all times. Unexpected spills and accidents often happen during the school day. If your child does not have a change of clothing at school, you will be contacted and advised to bring a change of clothes or pick up child.

Thank you for your cooperation in advance for your help in serving the health and safety needs of our Conrad Weiser students.

Sincerely,

Conrad Weiser Area School District Nurses