



CONRAD WEISER AREA SCHOOL DISTRICT SCHOOL HEALTH SERVICES

December 2021

Dear Parent/Guardian,

Our county and state remain in the midst of a historic COVID-19 pandemic. Tremendous progress has been made in reducing the number of infections in our community but several safeguards remain in place to protect the health and safety of our students, staff, and community members. In order for students to safely attend school, we are requesting that parents and guardians continue to play a pivotal role in monitoring their child for illness prior to school each day. These simple guidelines will help to limit the spread of COVID-19 in our schools:

- Take your child's temperature prior to school each day. Students should stay at home if their temperature is 100 degrees or above. Temperature monitoring WILL NOT be done at school unless a student appears ill.
- Students must be fever free for 24 hours WITHOUT fever reducing medication such as Tylenol or Ibuprofen (Advil) before returning to school.
- Keep your child home if they are showing any signs of a COVID-19 like infection or appear ill. These symptoms may include, but are not limited to: cough, fever, chills, runny nose, shortness of breath, feeling very tired, muscle aches, loss of sense of taste or smell, vomiting, or diarrhea. Click on the link for a more comprehensive list of [Reasons to keep your child home from school](#).
- Per the district's Health and Safety Plan, face coverings are recommended but not required for all individuals (staff, students, parents, and visitors), regardless of vaccination status, in the Conrad Weiser Area School District except on school transportation, where face coverings are required to be worn by passengers and drivers at all times.
- Keep all of your emergency contact information, including a current phone number, up to date in Skyward so that the nurses can easily reach you if your child is sick at school and needs to go home. We also request that you have a back-up plan in place if you are unable to promptly pick up your child from school.
- If your child is symptomatic for COVID-19 at school, the school nurse will require your child to wear a mask until they are picked up by a parent to limit the potential for transmission.
- Any student tested for COVID-19 due to exposure or are having symptoms of COVID-19 should stay at home and follow the recommendations provided by your health care provider.
- Contact the school nurse if your child or household member has been diagnosed with COVID-19.
- Contact the school nurse if a household member has a COVID-19 like illness and is waiting for test results.

- Contact the school nurse if you have been notified by a close contact, doctor, or the Pennsylvania Department of Health and have been advised that your child needs to self-quarantine due to a COVID-19 exposure.

Additional Considerations for School Health Services:

- Students with Asthma who require inhalation medication during the school day: Current clinical guidance recommends *NO nebulizer treatments* be given in the school setting. Please provide an inhaler with a spacer for your child to use as needed during the school day.
- Students requiring medication during the school day: The [Medication Permission Form](#) needs to be signed by both you and your child's doctor. The form is available on the district website under health services or by contacting the school nurse.
- Students with seasonal allergies: Allergy medication is NOT stocked in the health room. If your child is struggling with seasonal allergies, consider administering allergy medication at home as directed by your child's doctor.
- Encourage your child to eat breakfast each day to limit the frequency of headaches and stomach aches during the school day. Free breakfast and lunch is available to all students for the 2021-2022 school year.
- Ensure that your child has a water bottle to use during the school day. Hydration is important for overall health and well-being. All traditional water fountains have been disabled to limit transmission of COVID-19. Water bottle filling stations are available for students to use in all buildings.
- Ensure that your child has a spare change of clothing in their backpack at all times. Unexpected spills and accidents often happen during the school day.

Thank you for your cooperation in advance for your help in serving the health and safety needs of our Conrad Weiser students.

Sincerely,

Conrad Weiser Area School District Nurses