

Dear Parent, Guardian, and Staff,

On December 30, 2021, the Pennsylvania Department of Health (DOH) updated guidance for individuals infected with and exposed to COVID-19. The Conrad Weiser Area School District follows the isolation and quarantine guidelines recommended by the DOH if an individual is exposed to COVID-19 in in the home, school, or community.

Individuals Who Test Positive for COVID-19:

Regardless of vaccination status, anyone who tests positive for COVID-19 must:

- Isolate at home for at least 5 days from symptom onset
- When symptoms have resolved, the individual can return to school but must wear a well-fitting mask when around other people through day 10 (day 0 is the day symptoms began or the date the test was done if asymptomatic)

Individuals Who DO need to quarantine if identified as a close contact of someone who tests positive for COVID-19:

- People who are not vaccinated
- People who have completed the primary series of Pfizer or Moderna vaccine over 6 months ago and have not received a booster vaccination if age eligible
- People who have received the J & J vaccine over 2 months ago and have not received a booster vaccination if age eligible

Individuals who are categorized into these groups must quarantine at home for 5 days from the date of exposure (10 days for household exposure), and then wear a well-fitting mask around other people for an additional 5 days.

It is recommended that these individuals get tested on Day 5 after exposure. If the test is positive, please follow instructions above for Individuals Who Test Positive for COVID-19.

Individuals Who DO NOT need to quarantine if identified as a close contact of someone who tests positive for COVID-19:

- People who have received a booster vaccination at least 2 weeks prior to exposure
- People who have completed the primary series of Pfizer or Moderna vaccine within the last 6 months and are not yet eligible for the booster vaccination
- People who have received the J&J vaccine within the past 2 months and are not yet eligible for the booster vaccine
- People who have tested positive for COVID-19 within the past 3 months of exposure

Individuals who are categorized into these groups do not need to quarantine at home; however, they do need to wear a well-fitting mask correctly around other people for 10 days (15 days for household exposure) from the date of exposure.

It is recommended that these individuals get tested on Day 5 after exposure. If the test is positive, please follow instructions above for Individuals Who Test Positive for COVID-19.

These simple guidelines will help to limit the spread of COVID-19 in our schools:

- Take your child's temperature prior to school each day. Students should stay at home if their temperature is 100 degrees or above.
- Students must be fever free for 24 hours WITHOUT fever reducing medication such as Tylenol or Ibuprofen (Advil) before returning to school.
- Keep your child home if they are showing any signs of a COVID-19 like infection or appear ill. These symptoms may include, but are not limited to: cough, fever, chills, runny nose, shortness of breath, feeling very tired, muscle aches, loss of sense of taste or smell, vomiting, or diarrhea. Click on the link for a more comprehensive list of [Reasons to keep your child home from school](#).
- If you have a family member at home that has COVID-19 symptoms and is waiting on test results, please keep your student at home and contact the school nurse.
- Please contact your child's school nurse any time your student is home due to COVID-19 symptoms or possible COVID-19 exposure.

Contact Information for the School Nurses:

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